

Monday	Tuesday	Wednesday	Thursday	Friday
30 Chicken strips w/ sweet & sour White rice Scandinavian vegetables Peach cup Raisins 1 slice of bread	1 Pork chop w/ gravy Sweet potato Diced beets Cinnamon applesauce 1 slice of bread	2 Sloppy Joe German potato salad Winter mixed vegetables Mixed fruit cup Grape juice Fig cookie	3 Ham Slice w/ Mandarin Sauce Mixed greens Sweet potato Peanut butter cookie Apple juice 1 slice of bread	4 <u>Wesley Closed</u> <u>Happy Independence Day!</u>
7 BBQ Pork Succotash German potato salad Mandarin Orange cup 1 slice of bread	8 Chicken Nuggets Rice pilaf Broccoli Fresh Fruit Tropical Juice Peanut butter Cereal Bar	9 Salisbury Steak w/ onions and gravy Mashed potato Peas & carrots Club crackers Fresh fruit 1 slice of bread	10 Breaded Chicken Marinara w/ parmesan Linguini Tapioca pudding Wax beans Fresh fruit Raisins	11 BBQ Chicken Cheesy diced potatoes Diced tomatoes Vanilla wafer Peach cup 1 slice of bread
14 Turkey Mett Sauerkraut Mashed potatoes Green beans Mixed fruit cup Fruit bar 1 slice of bread	15 Meatloaf w/ ketchup Mashed potatoes Green beans w/ onion Gold fish crackers Apple juice Mixed fruit cup 1 slice of bread	16 Pork Rib Mac & Cheese Mixed greens Peanut butter Pear cup Grape juice 1 slice of bread	17 Chicken Alfredo Linguini Peas Peach/Raspberry crisp Cereal bar Fresh fruit 1 slice of bread	18 Chicken Teriyaki Brown rice Diced carrots Broccoli Shortbread cookie Raisins Cranberry juice
21 Meatballs w/ gravy Egg noodles Corn Green beans Fig cookie Pineapple cup Fresh fruit 1 slice of bread	22 Italian Chicken Elbow noodles Diced carrots Apple crisp Grape juice 1 slice of bread	23 Cincinnati Chili Spaghetti Kidney beans Ginger peaches Mixed fruit cup 1 slice of bread	24 Country Fried Steak w/ gravy Diced potatoes Mixed veggies Fruit bar Pear cup 1 slice of bread	25 Lasagna Roll w/ marinara sauce Spinach Peach crisp Strawberry applesauce 1 slice of bread
28 Taco Meat w/ Flour Tortilla White rice w/ salsa Black beans Tortilla chips Oreo Mandarin orange cup 1 slice of bread	29 Spaghetti w/ Meat Sauce Green beans w/ green pepper Peach crisp Pineapple cup Chocolate chip cookie 1 slice of bread	30 Grilled chicken w/ gravy Stuffing Cheesy diced potatoes Fresh fruit Peach cup 1 slice of bread	31 Hamburger Baked beans Mixed veggies Chocolate chip cookie Cinnamon applesauce 2 slices of bread	1 Chicken Strips Egg noodles Sliced carrots Peas Club crackers Orange juice Gold fish crackers